

# Our Facility

St. Catherine Hospital's Outpatient Therapy Department is located on the hospital's second floor.

## We Provide

Physical therapy      Speech therapy  
Occupational therapy      Wound therapy



# Our Care

Our personal and caring staff has earned the highest marks in patient satisfaction. Getting to know our patients means we can help them get back to doing the things they love to do.

Patients are individually assessed and a personal therapy plan is established.

### Our department provides services for patients with:

- Orthopedic injuries
- Spine (back/neck) injuries
- Sprains/strains
- Fractures
- Post-surgery needs
- Hand/wrist injuries
- Balance disorders
- Weakness
- Vestibular disorders
- Sports injuries
- Stroke
- Joint pain
- Wounds/burns

## OUTSTANDING PATIENT CARE

# Our Treatment

Your therapist will perform a complete initial evaluation along with special tests to determine your needs. From there, we will tailor your treatment to meet those needs. We provide a home-management program that helps you make improvements during and after your course of therapy.

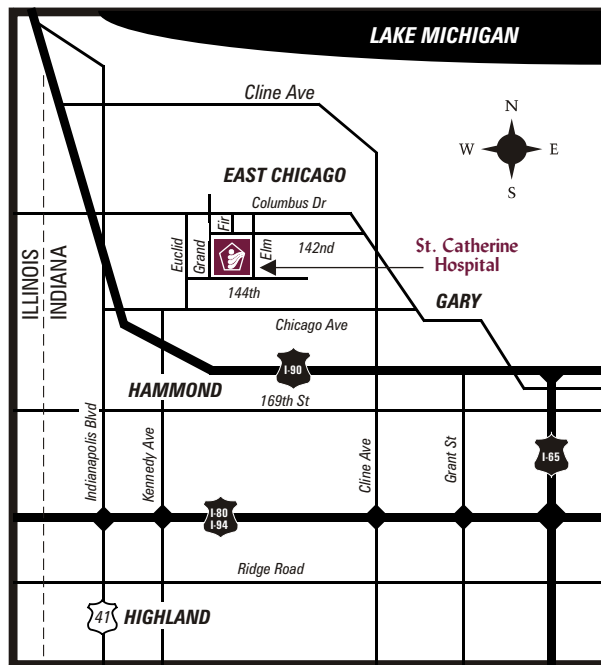
### Treatment includes:

- Strengthening
- Range of motion
- Balance and posture
- Body mechanics
- Gait training
- Functional exercises
- Bed mobility and transfers
- Vestibular rehabilitation
- Manual therapy

### Methods of treatment:

- Ultrasound
- Electrical stimulation
- Heat/ice
- Mechanical traction
- Fluidotherapy





**St. Catherine Hospital  
Outpatient Therapy Services**

4321 Fir Street  
East Chicago, Indiana, 46312  
(219) 392-7400  
Fax - (219) 392-7408

A physician's prescription is required to receive services.



**ST. CATHERINE Hospital**

4321 Fir Street, East Chicago, Indiana 46312



**Outpatient  
Therapy Services  
at St. Catherine Hospital**

To Schedule an appointment call  
**219-392-7400**

**Our  
Therapists**

Our therapists are graduates of accredited therapy programs and are licensed by the state of Indiana.

Our therapists are continually furthering their education and embracing new treatment techniques and ideas to give our patients the best care possible.